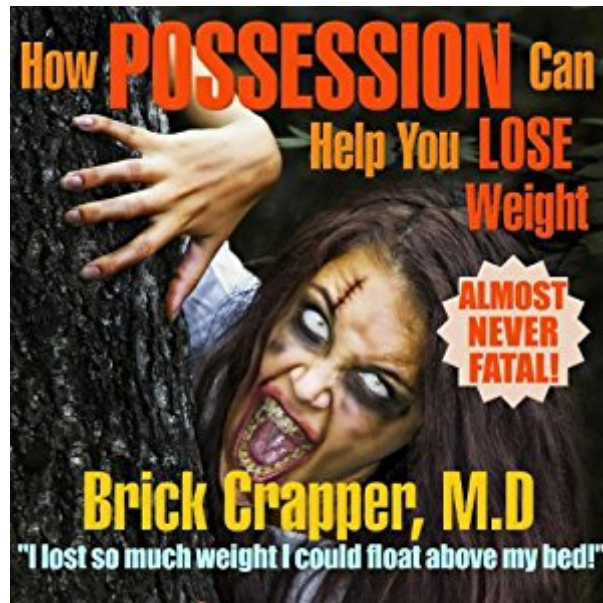




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How Possession Can Help You Lose Weight



Synopsis

"I lost so much weight I could float above my bed!" —Lida Blair The hilarious new spoof diet book from New York Times best-selling author Chris Dolley. It's a fun, quick listen, covering everything from "the science of possession" to "Crapper Clinic's Demon Dating Service", while ensuring "clients" are possessed by the demon most compatible with their slimming needs. This is the diet book that everyone is talking about. Some of you may have read about the clinical trials undertaken by Stepford University - one of the leading universities on the PLANET, with more likes on Facebook than Harvard and six times that of Stanford! Or maybe you watched Chelsea Chambers test the diet on Extreme Celebrity Weight Loss. Or caught the Projectile Vomiting video on YouTube.... The Possession Diet is the ONLY diet guaranteed 110% effective by the FDA (Federal Demon Association) - and it's ALMOST NEVER FATAL! Listen to the testimonials. Hear about Astral Exercising and Head Spinning. Try the recipes.... If you want to know how to lose OVER THIRTY POUNDS in ONE day (without using a chainsaw) this is the book for you! Brick Crapper has seven doctorates, awarded by the Internet's leading universities, and is a judge on America's Idlest Loser.

Book Information

Audible Audio Edition

Listening Length: 54 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: October 8, 2013

Whispersync for Voice: Ready

Language: English

ASIN: B00FPOTD04

Best Sellers Rank: #79 in [Books > Audible Audiobooks > Humor > Parodies](#) #749

in [Books > Audible Audiobooks > Health, Mind & Body > Diet & Nutrition](#) #1517 in [Books > Humor & Entertainment > Humor > Parodies](#)

Customer Reviews

Have you tried every other diet and came away unsatisfied? Then you should try Possession! In "How Possession Can help you lose weight" Brick Crapper explains how this diet works and assures the readers that it is almost never fatal! This is a short and very funny spoof of a

self-help/diet book. Chris Dolley manages to cover the subject coherently with many references to scenes from well known horror movies. I greatly enjoyed this novella and can recommend it to anyone who is familiar with the horror genre and likes a good laugh!

So the cover is a bit freaky. That's your first couple of calories lost right there -- grosses you out so much that if you're sitting there trying to read while eating potato chips, well hey - those potato chips are gonna stick in your throat a bit - ewwwwww!!Chris Dolley takes on the diet marketing industry in his digital book, "How Possession Can Help You Lose Weight". It's filled with many statistical references - many from Facebook (& we ALL know that what you read on the internet is TRUE) and useful tidbits like a calorie counter (eating your small next door neighbor is only 80,000 calories) and recipes (Financial Analyst Prepared Five Ways). He also warns how if everyone were to congregate in Miami, the US would likely sink & tip Alaska up. (We'd better stay evenly distributed across the US, eh??)I, myself, was extremely interested in the chapter on "Cursing As A Slimming Aid", since my children have been complaining about my "potty mouth". I'll need to let my children know about Dr. Crapper's groundbreaking research and analysis that shows "cursing increases heart rate, stimulates oxygen flow, and BURNS calories". Hmmph. Why am I not thinner?This is a great book to give a little comic relief to all the diet philosophies around. Some of the humor is so subtle that you need to read carefully to make sure you catch it all - so just think about the extra calories THAT will burn! Since this is a massive spoof, all Snarky Mom can say is, "Snnnnnnnnnaaaaaarrrrrrrrrrkkkkkkkkkkkkkk!!!!!!!"

Book Info: Genre: Self-help SatireReading Level: YA on upRecommended for: Anyone who likes a laughMy Thoughts: This was hilarious! Think about one of those late-night television commercials and then make it a book, and that's sort of the idea behind this. I laughed like crazy through the whole thing. There's not much I can say about it; since it's satirizing a self-help book there isn't really a plot or characters. But if you like a laugh, you'll definitely want to grab a copy of this book.Disclosure: I received a copy of this from the LibraryThing Early Reviewer's Program in exchange for an honest review. All opinions are my own.Synopsis: Includes chapters on Head Spinning and Other Exercises, Choosing the Best Demon, Astral Jogging, Projectile Vomiting for Beginners, Testimonials, and a calorie counter for those hard-to-categorize `new' foods.

Okay this was a hoot, although the cover really put me off at first. (I am so not a zombie fan.) Makes fun of every infomercial you ever saw about some really really bad idea product and its really really

unnerving claims of wonderfulness. I can even imagine readers checking it out and hoping it's all true, because it makes excellent fun of how desperate people are to lose weight the easy way.

I am giving this 4 1/2 stars instead of 5 because I was sad to see it end. I just wished it went on longer. But I guess it's a good thing that I wanted to read more rather than less. This book had me chuckling right from the first page. What a funny concept. I know that this was a parody of all of the millions of diet books that are out there, but in my head I kept hearing one of those late night infomercial guys narrating the story to me. That just heightened the humor for me. Not to give out any spoilers, but the testimonials and compatibility test had my sides splitting. Although the book on a whole was a hoot. This is a fast read though...so expect to finish it in one or two short sittings. If you need a laugh, I suggest this book

Cute satire of diet fads and celebrity endorsements. Brick Crapper MD and his Crapper Clinic hit just about every diet joke. Projectile vomiting and head spinning included. Not a cohesive read, more of a read in the bathroom while making room for your next meal read. A book to nibble at with a chuckle not a guffaw.

Tel-Sell meets Poltergeist this is the only way to explain it. A short and very funny read on the selling points of dieting via possession. Which types of possession are the best and worst and the typical TV hard sell from satisfied customers in book format.

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